

**Milford Recreation Department & Rite Aid present a....**

# Prevention & Wellness Fair

**Tuesday, June 16th**

**6-7:30pm—FREE**



**Milford Town Hall Auditorium**

*Come learn about  
what resources  
are out there  
to guide and  
aid you to  
become a  
healthier version  
of YOU!*

**VENDORS IN ATTENDANCE:**

**Rite Aid Pharmacy— Lorden Plaza**

**Acupuncture & Everything Wellness—  
Amherst, NH**

**Transitions Lifestyle Solution— Bedford, NH  
Weight Management Consultations**

**Anytime Fitness— Amherst, NH**

**Just Naturals— Bedford, NH**

**Milford Recreation— Milford Town Hall**

**Holland Farm & CSA— Milford, NH**

**Milford PD— Milford, NH**

